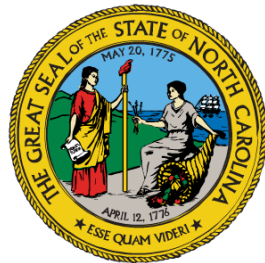


Neighborhood-Level Socioeconomic Disparities in Radon Testing in North Carolina from 2010 to 2020

Zhenchun Yang, PhD

Made For **AARST Indoor Environments 2023**



NCDHHS

Duke
UNIVERSITY



Health Impacts and Studies

Regulations and Guidelines

Awareness and Advocacy

Radon's link to lung cancer
• 1960

Radon as a public health concern
• 1984

A human carcinogen by the WHO
• 1987



Radon testing during COVID-19
• 2020

Establishment of EPA
• DEC 2, 1970



Radon testing guidelines
• 1986

Radon Reduction Demonstration Act
• 1988

Radon-resistant construction techniques
• 1993

Radon in drinking water regulation
• 2000

Radon testing in schools
• 2010

Radon-resistant construction codes
• 2015

Radon-induced lung cancer awareness
• 1988

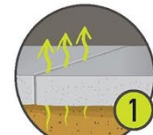
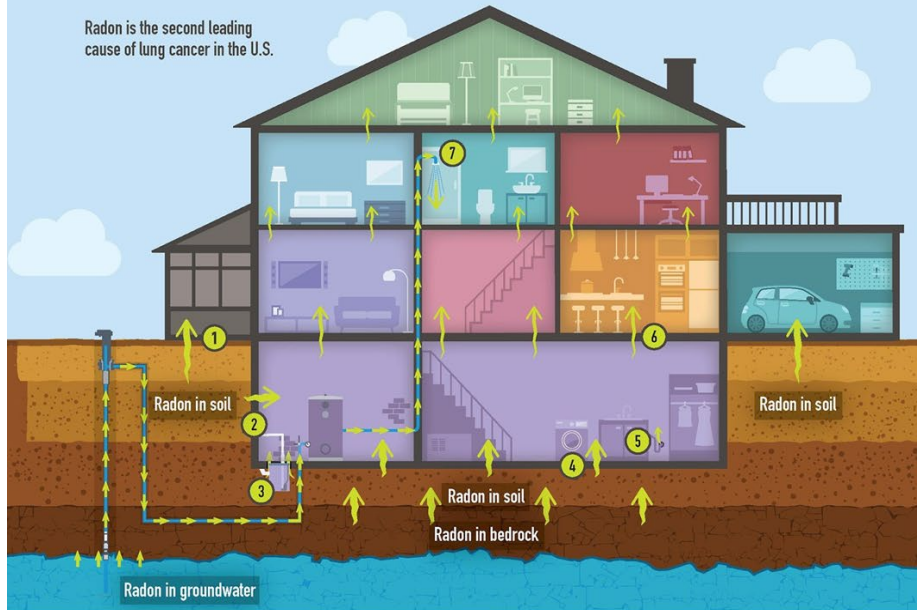
National Radon Action Plan
• 2009

Radon Awareness Week
• OCT 20, 2013 - OCT 26, 2013

National Radon Action Month
• JANUARY 2020

How Radon Gets into Your Home

Radon is the second leading cause of lung cancer in the U.S.



1 Construction joints



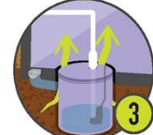
5 Gaps around service pipes



2 Cavities and cracks inside walls



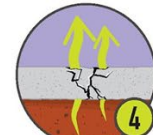
6 Gaps in suspended floors



3 Sump pump



7 Private wells and groundwater supplies*



4 Cracks in solid floors

* High radon levels in the water supply are more likely when its source is groundwater such as private wells or a public water supply system that uses groundwater. Most public water supplies are sourced from surface water (lakes, rivers, and reservoirs).

Radon is an odorless, invisible, radioactive gas naturally released from rocks, soil, and water.

Radon can get into homes and buildings through small cracks or holes and build up in the air.

Over time, breathing in high levels of radon can cause lung cancer.



CS-327538 | 12/01/2021



Test your home



Make repairs

Learn more: www.cdc.gov/radon/index.html

Radon in homes and risk of lung cancer: collaborative analysis of individual data from 13 European case-control studies

S Darby, D Hill, A Auvinen, J M Barros-Dios, H Baysson, F Bochicchio, H Deo, R Falk, F Forastiere, M Hakama, I Heid, L Kreienbrock, M Kreuzer, F Lagarde, I Mäkeläinen, C Muirhead, W Oberaigner, G Pershagen, A Ruano-Ravina, E Ruosteenoja, A Schaffrath Rosario, M Tirmarche, L Tomášek, E Whitley, H E Wichmann, R Doll

Abstract

Objective To determine the risk of lung cancer associated with exposure at home to the radioactive disintegration products of naturally occurring radon gas

Design Collaborative analysis of individual data from 13 case-control studies of residential radon and lung cancer.

Setting Nine European countries.

Subjects 7148 cases of lung cancer and 14 208 controls.

Main outcome measures Relative risks of lung cancer and radon gas concentrations in homes inhabited during the previous 5-34 years measured in becquerels (radon disintegrations per second) per cubic metre (Bq/m^3) of household air.

Results The mean measured radon concentration in homes of people in the control group was $97 \text{ Bq}/\text{m}^3$, with 11% measuring >200 and 4% measuring $>400 \text{ Bq}/\text{m}^3$. For cases of lung cancer the mean concentration was $104 \text{ Bq}/\text{m}^3$. The risk of lung cancer increased by 8.4% (95% confidence interval 3.0% to 15.8%) per $100 \text{ Bq}/\text{m}^3$ increase in measured radon ($P = 0.0007$). This corresponds to an increase of 16% (5% to 31%) per $100 \text{ Bq}/\text{m}^3$ increase in usual radon—that is, after correction for the dilution caused by random uncertainties in measuring radon concentrations. The dose-response relation seemed to be linear with no threshold and remained significant ($P = 0.04$) in analyses limited to individuals from homes with measured radon $<200 \text{ Bq}/\text{m}^3$. The proportionate excess risk did not differ significantly with study, age, sex, or smoking. In the absence of other causes of death, the absolute risks of lung cancer by age 75 years at usual radon concentrations of 0, 100, and $400 \text{ Bq}/\text{m}^3$ would be about 0.4%, 0.5%, and 0.7%, respectively, for lifelong non-smokers, and about 25 times greater (10%, 12%, and 16%) for cigarette smokers.

Conclusions Collectively, though not separately, these studies show appreciable hazards from residential radon, particularly for smokers and recent ex-smokers, and indicate that it is responsible for about 2% of all deaths from cancer in Europe.

into a series of short lived radioactive progeny. Two of these, polonium-218 and polonium-214, also decay by emitting α particles. If inhaled, radon itself is mostly exhaled immediately. Its short lived progeny, however, which are solid, tend to be deposited on the bronchial epithelium, thus exposing cells to α irradiation.

Air pollution by radon is ubiquitous. Concentrations are low outdoors but can build up indoors, especially in homes, where most exposure of the general population occurs. The highest concentrations to which workers have been routinely exposed occur underground, particularly in uranium mines. Studies of exposed miners have consistently found associations between radon and lung cancer.^{2,3} Extrapolation from these studies suggests that in many countries residential radon, which involves lower exposure in much larger numbers of people, could cause a substantial minority of all lung cancers. This is of practical relevance because radon concentrations in existing buildings can usually be reduced at moderate cost—for example, by increasing underfloor ventilation—while low concentrations can usually be ensured at reasonable or low cost in new buildings—for example, by installing a radon proof barrier at ground level. These extrapolations, however, depend on uncertain assumptions because the levels of exposure in miners that produced evident risk were usually much higher, lasted only a few years, and took place under different particulate air and other conditions.¹⁻³ Moreover, history on smoking is often lacking, or limited, in the studies of miners and some miners were also exposed to other lung carcinogens such as arsenic.

Studies to estimate directly the risk of lung cancer associated with residential radon exposure over several decades have been conducted in many European countries. Individually these studies have not been large enough to assess moderate risks reliably. Greater statistical power can be achieved by combining information from several studies, but this cannot be done satisfactorily from published information. Urban areas tend to have

- Overall, radon is the second leading cause of lung cancer.
- Radon is responsible for about 21,000 **lung cancer** deaths every year.
- About 2,900 of these deaths occur among people who have never smoked.



The logo features the word "Duke" in a large, white, serif font on the left. To its right is a vertical white line. To the right of the line, the words "CLIMATE" and "COMMITMENT" are stacked in a white, sans-serif font. Below these words is the tagline "In it for life" in a white, italicized, sans-serif font. The entire logo is set against a background of a dense forest with a blue-to-teal color gradient.

Duke

CLIMATE
COMMITMENT

In it for life

Climate Change,
Radon Exposure
and Lung Cancer

The Duke Climate Commitment is a **university-wide, impact-oriented initiative** to address the climate crisis by creating **sustainable** and **equitable** solutions that place society on the path toward a **resilient, flourishing, carbon-neutral world**. Through **education, research, external engagement** and **campus operations**, the Duke Climate Commitment seeks to imagine, design and implement a sustainable future for all.

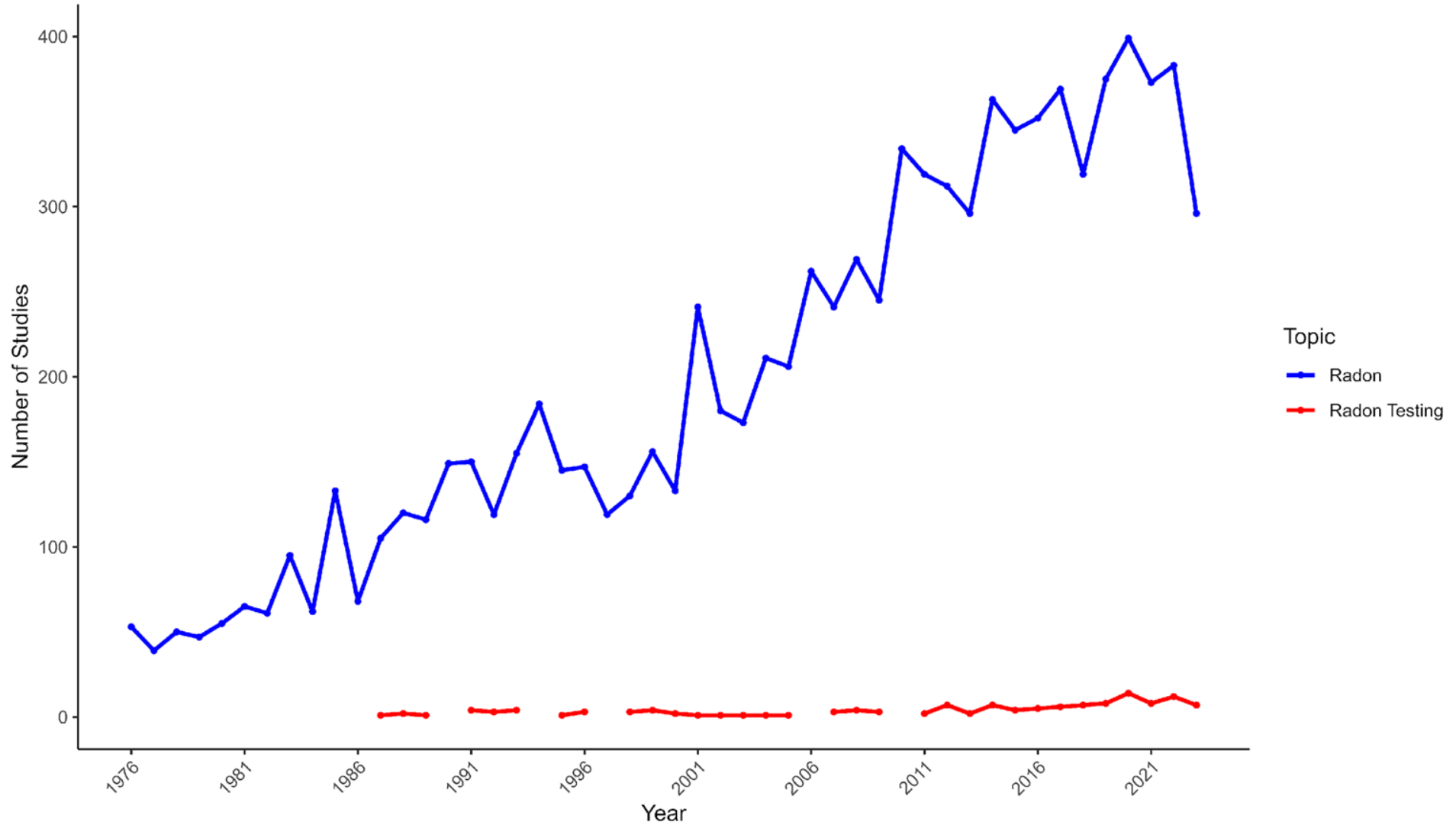
Aims

1. Explore the distribution of **radon testing** and identify influential factors in North Carolina.
2. Investigate the potential trends in future radon exposure influenced by climate change.

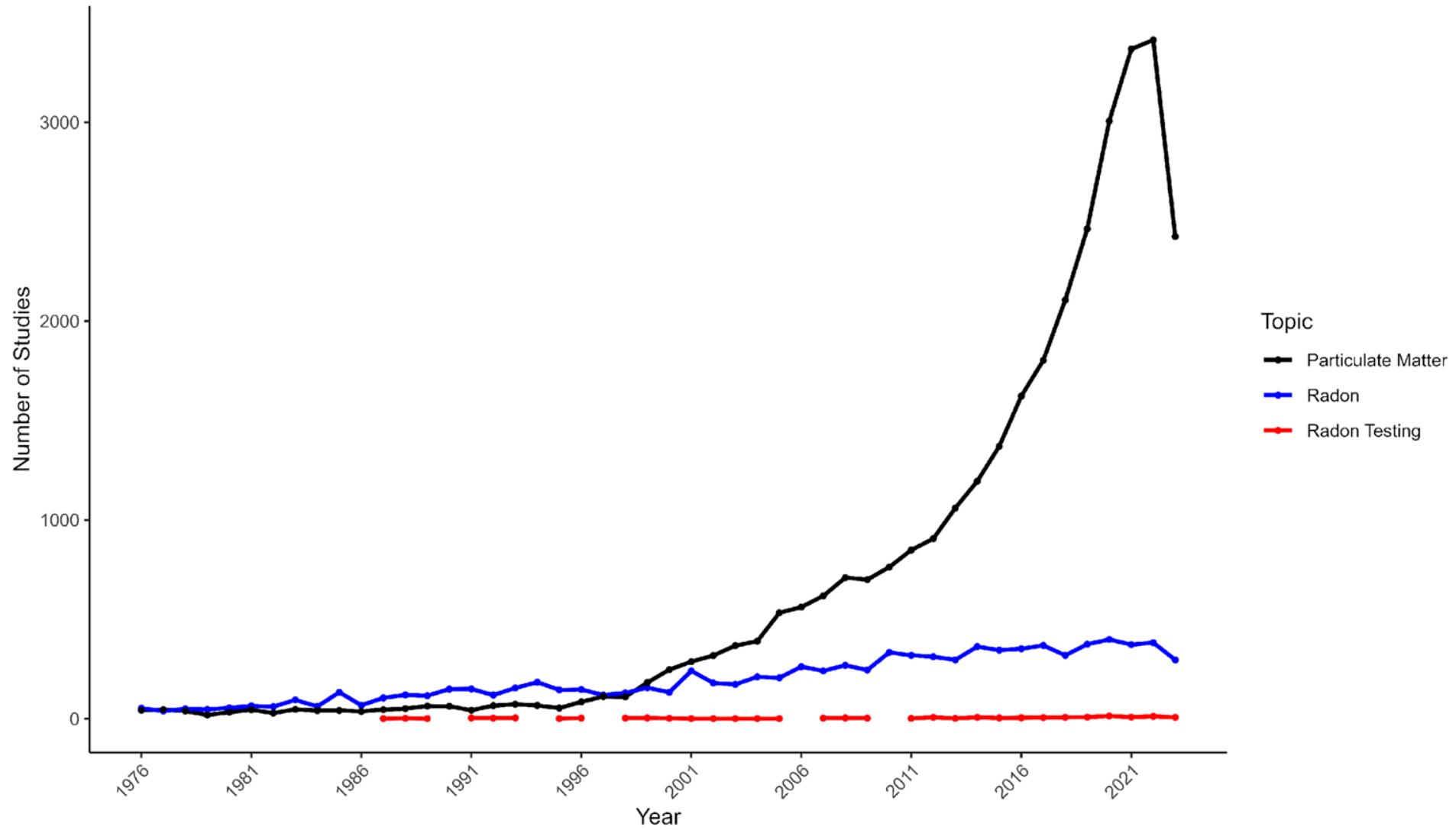
Radon Testing

Identify research gaps: Known and Unknown.





Source: PubMed



Source: PubMed

- Radon Testing Methods
- **Public Awareness and Engagement**
- Policy and Interventions
- Technological Solutions
- **Social and Economic Aspects**



Contents lists available at ScienceDirect

Science of the Total Environment

journal homepage: www.elsevier.com/locate/scitotenv

Neighborhood characteristics of low radon testing activities: A longitudinal study in Atlanta, Georgia, United States



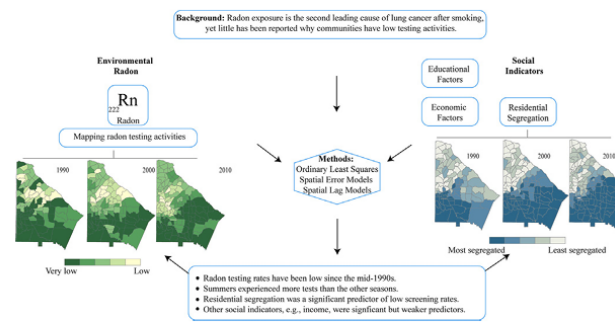
Dajun Dai *

Department of Geosciences, Georgia State University, 38 Peachtree Center Avenue, Atlanta, GA 30303, United States of America

HIGHLIGHTS

- Use residential segregation and social indicators to predict indoor radon testing
- Spatial regression models to understand the factors behind testing patterns
- Testing activities have been low in 25 years.
- Residentially segregated communities had very low radon testing rates.
- Other social indicators, such as income and education, were weaker predictors.

GRAPHICAL ABSTRACT



ARTICLE INFO

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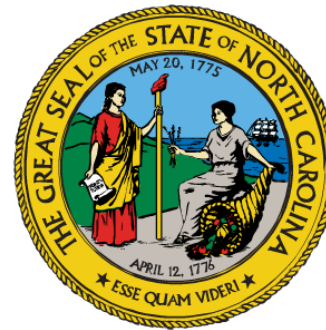
Radon testing
Residential segregation
Environmental justice
Social indicators
GIS

ABSTRACT

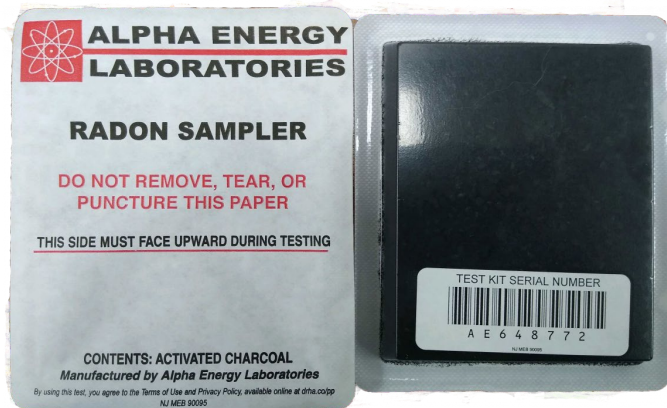
Radon testing remains low even nationwide although its exposure is the leading cause of lung cancer among non-smokers. Little has been done to examine the neighborhood characteristics with low testing prevalence. This study investigated the associations between indoor radon testing and neighborhood characteristics in an urban environment with the highest Radon potential. A total of 25 years (1990–2015) of radon tests ($n = 6355$) were pooled from public and private sources in DeKalb County, Georgia, United States. Neighborhoods were characterized using racial residential segregation for African Americans in addition to other social indicators. The associations between neighborhood characteristics and radon testing rates were evaluated using Ordinary Least Squares and Spatial Regression Models, respectively. Results show that the testing rates were lower than 6.5% over the 25 years. Summers followed by early springs experienced more tests than the other seasons. Areas of low testing rates ($\leq 1.55\%$) spatially matches the mostly segregated neighborhoods. Residential segregation expanded in the 25 years and was significantly correlated (P value < 0.05) with low testing rates, even after other social indicators were controlled. Associations with the other social indicators, such as income or education, were weaker. Concertedly identifying the culturally relevant interventions in segregated communities is necessary to reduce and eliminate threats from environmental radon.

Radon Testing in North Carolina from 2010 to 2020

Aim 1: Explore the distribution of **radon testing** and identify influential factors in North Carolina.



NCDHHS

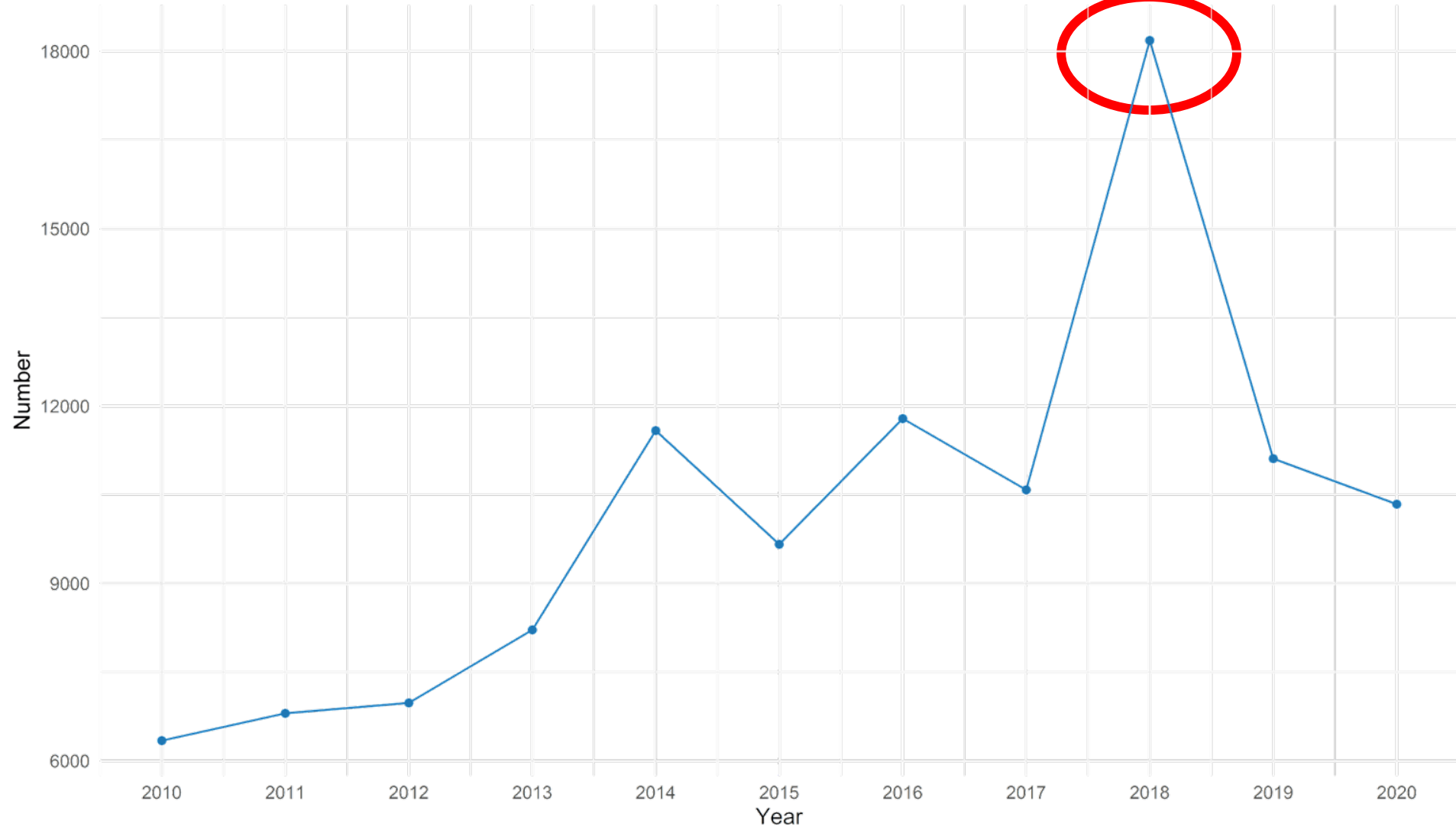


- Two commercial radon test kit companies: Alpha Energy and Airchek
- Short term test of 3-7 days
- Laboratory test
- State radon awareness month

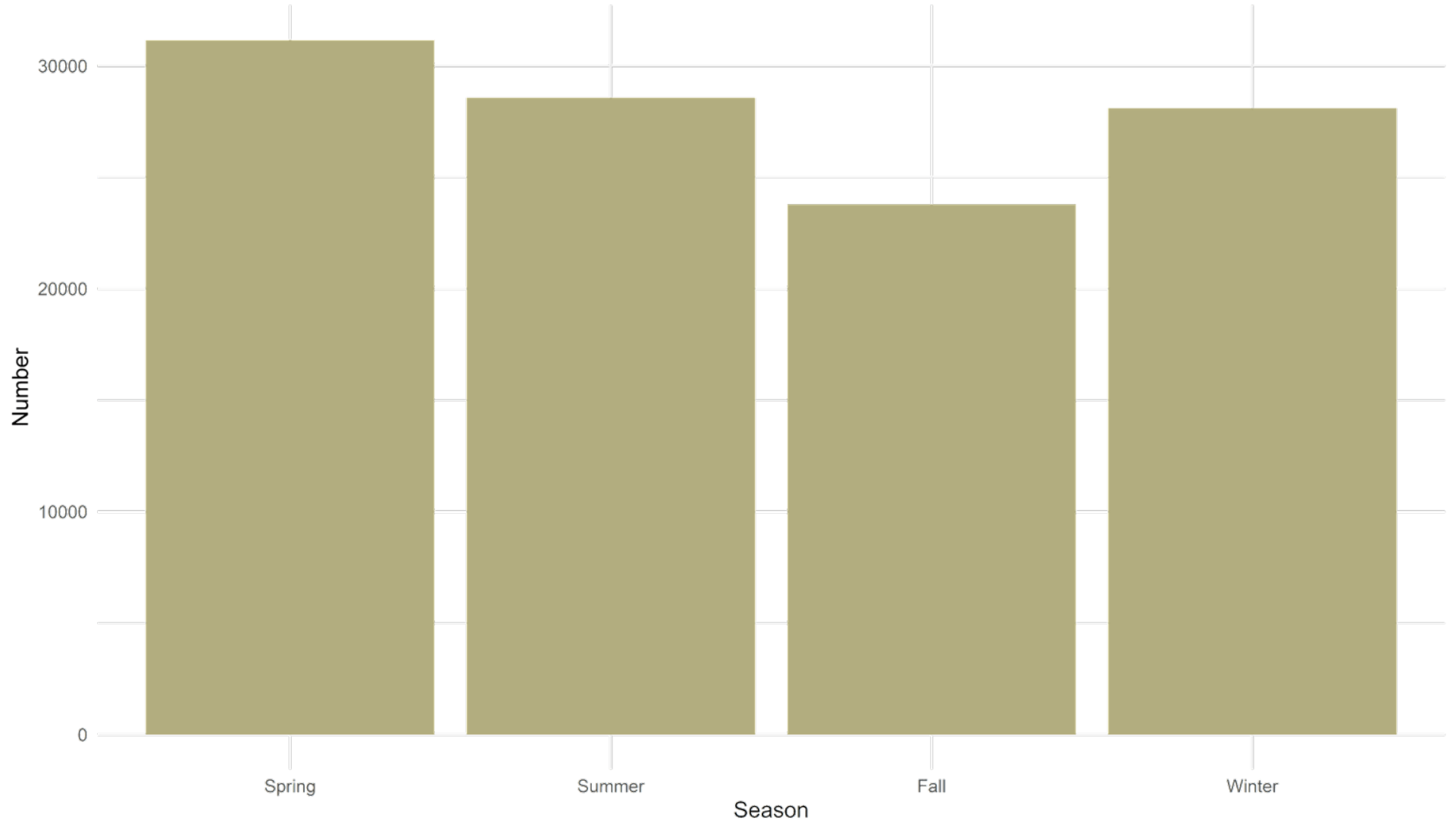
Data

- Number of tests: 111,601
- Time: 2010-2020
- Area: 2195 census tracts
- Missing Area: 159 census tracts

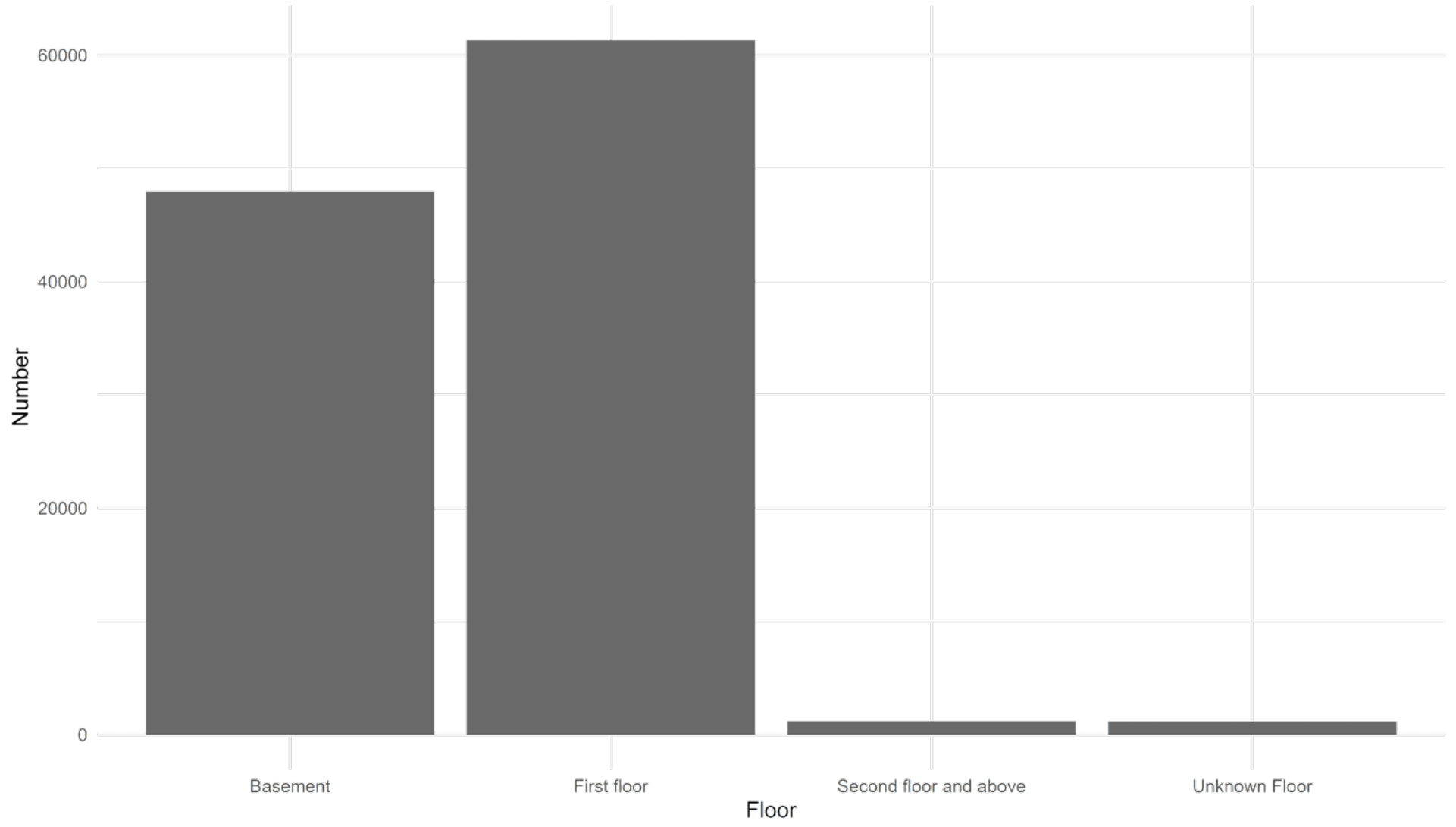
Number of Tests by Year



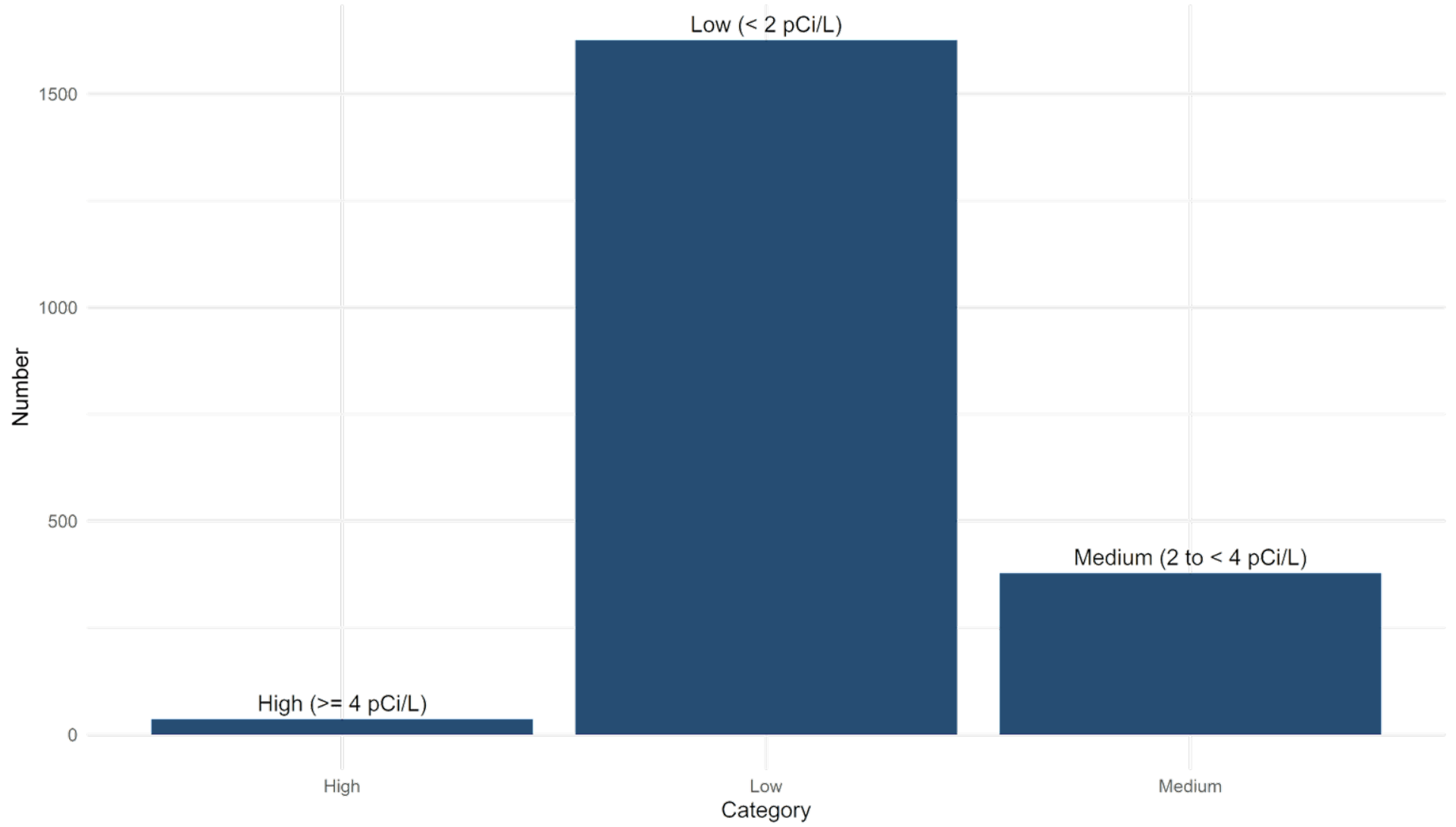
Number of Tests by Season

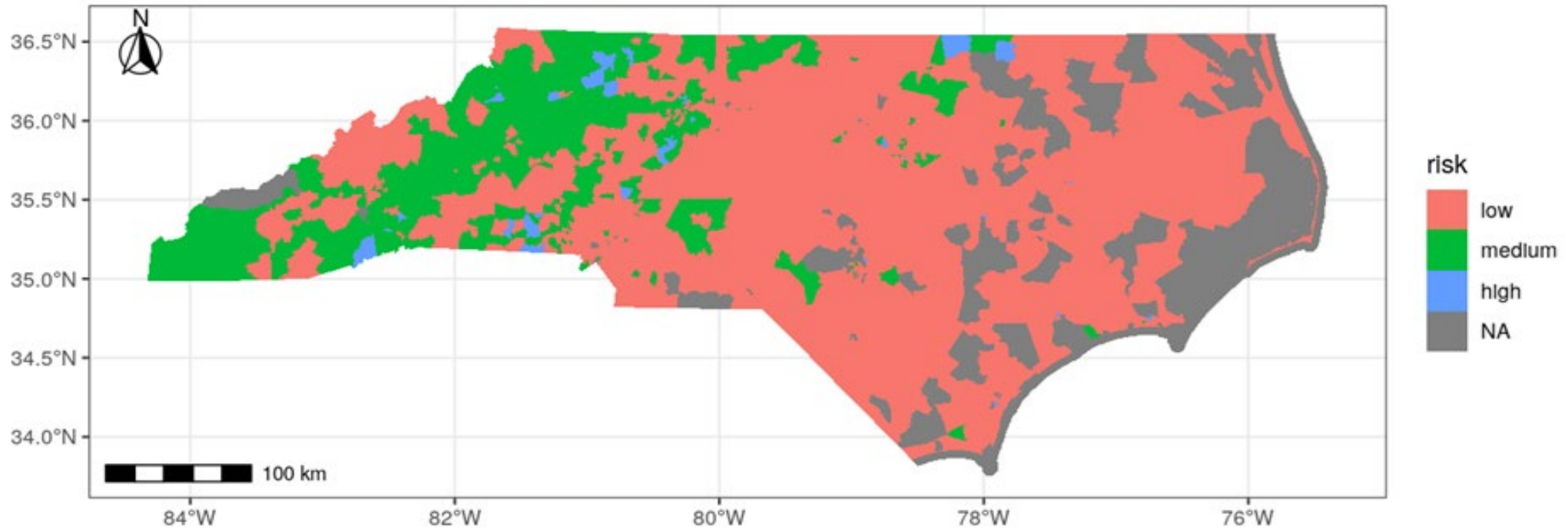


Number of Tests by Floor

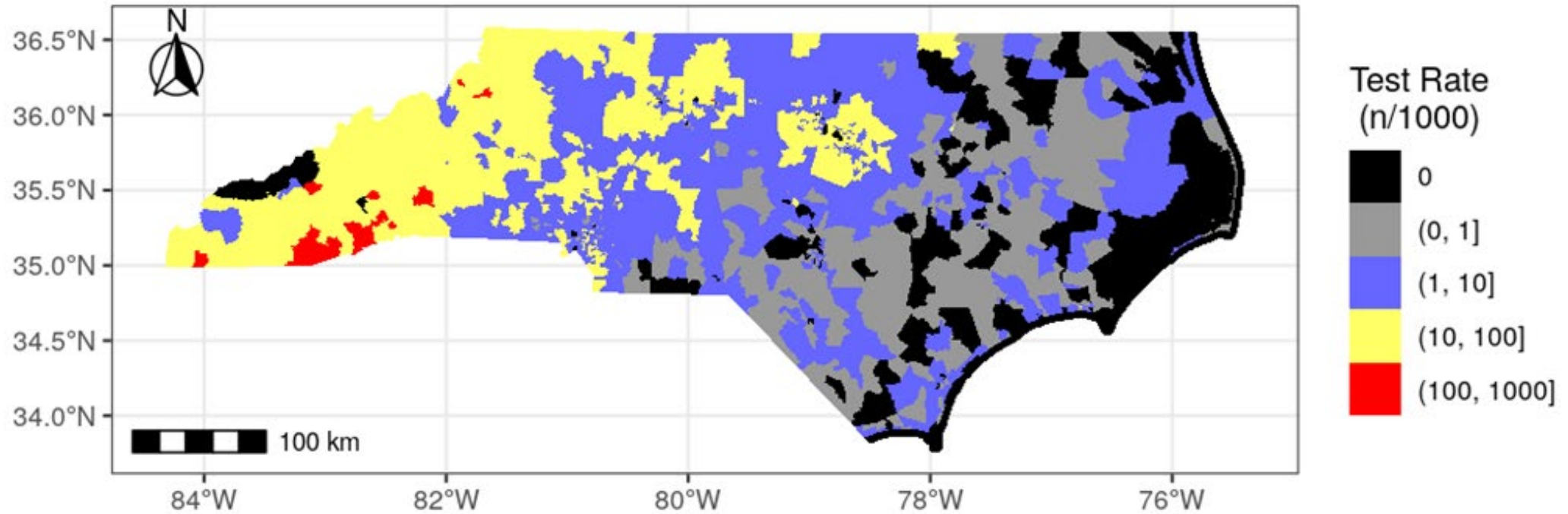


Testing Rate Results





Distribution of radon risk levels across 2195 Census Tracts in North Carolina, USA. Low (< 2 pCi/L), Medium (≥ 2 pCi/L & < 4 pCi/L) and High (≥ 4 pCi/L).

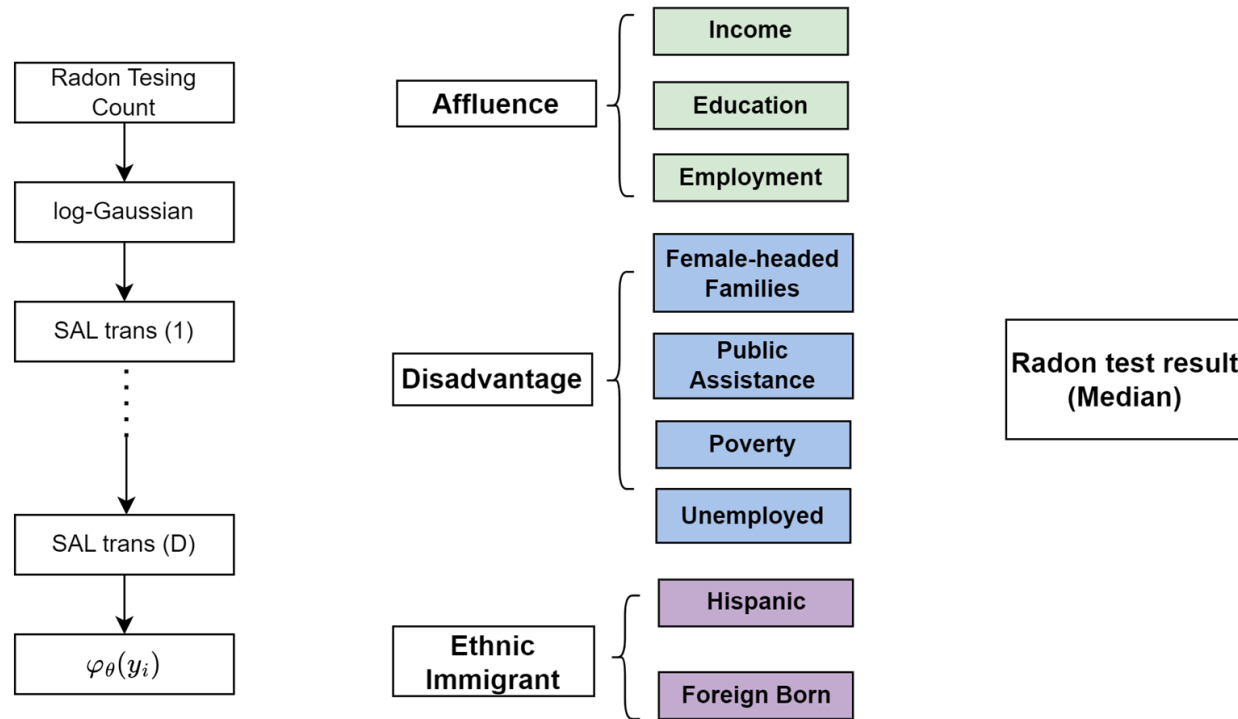


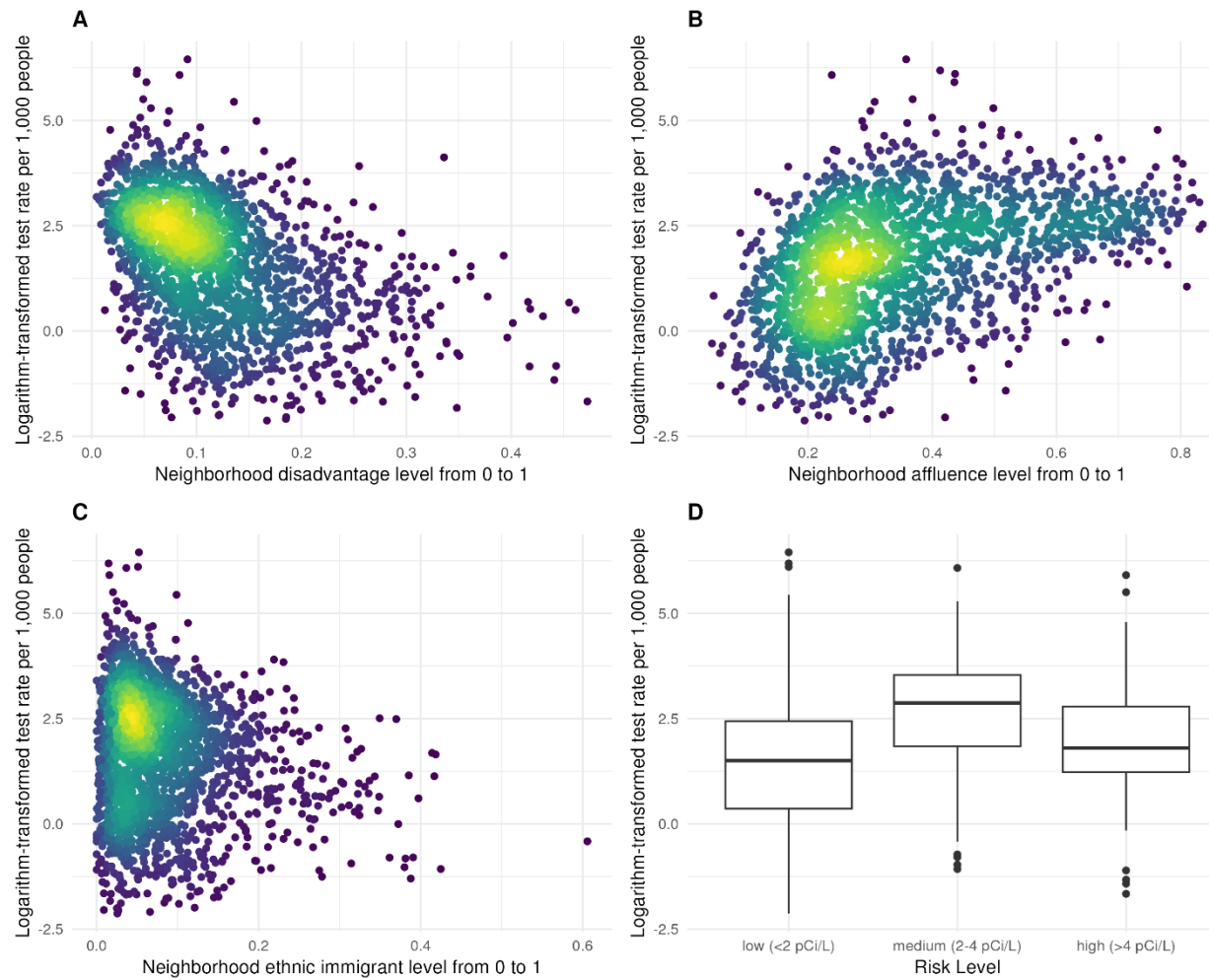
Distribution of radon test rates across 2195 Census Tracts in North Carolina, USA, Expressed as number tested per 1000 people.

National Neighborhood Data Archive

- Established in 2019, the National Neighborhood Data Archive is an open data repository. It was created to facilitate research on the relationship between neighborhoods and health, especially within the context of large federally funded surveys and cohort studies.

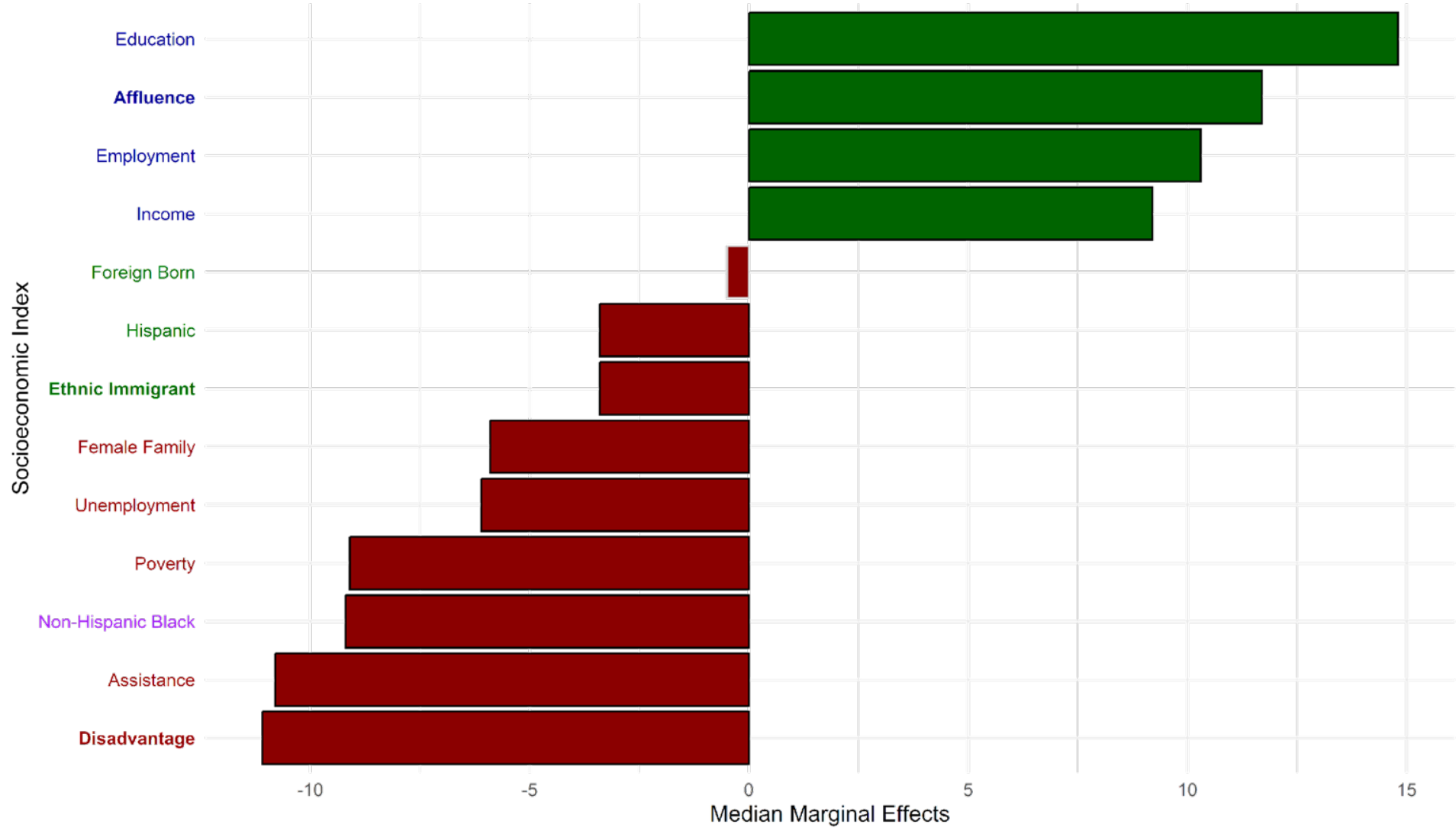
- Relationship between radon test rate and Socioeconomic status and demographics.





Radon test rates in relation to neighborhood attributes (A-C) and distribution of radon test rates by risk (radon concentration) categories (D) in the state of North Carolina, USA.

Median Marginal Effects by Variable



Conclusion

- Most neighborhood indicators, excluding "**Foreign Born**", significantly influence radon testing rates.
- "**Affluence**" variables, especially "**Education**", positively impact radon testing rates.
- "**Disadvantage**" variables tend to decrease radon testing likelihood.
- Moran.I values indicate strong spatial patterns in radon testing distribution.

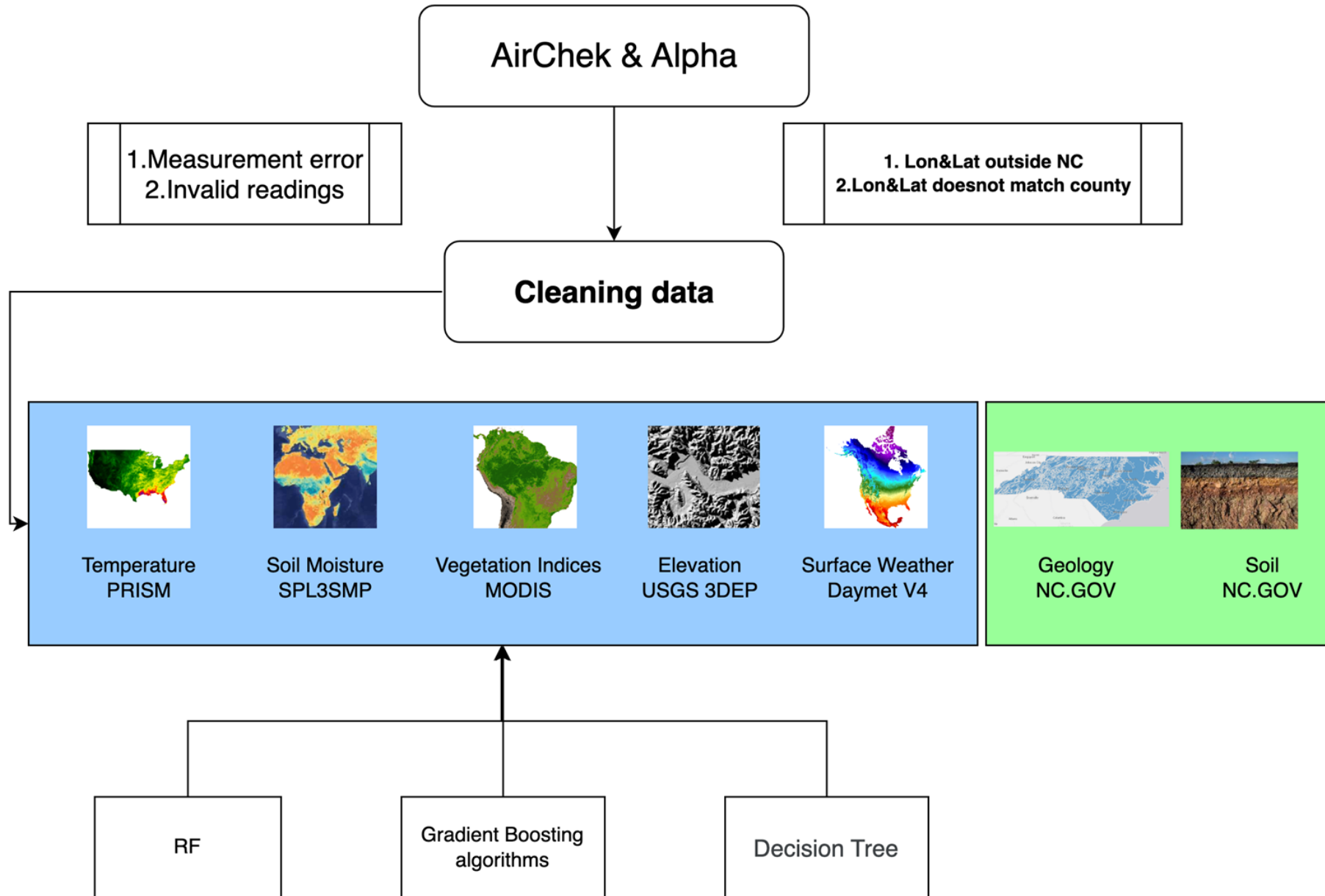


Two Messages

1. There's significant potential for expanding our knowledge in the realm of radon testing.
2. Radon testing highlights areas where we need to address disparities to ensure equitable solutions.

Future Aims







THE CLOVER STUDY

CLIMATE IMPACT ON LUNG CANCER RISK VIA EXPOSURE TO RADON

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card back to us. Or you can call, email, or scan
the QR code to register.**

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- No, I do not want to participate

Phone and Online Registration:



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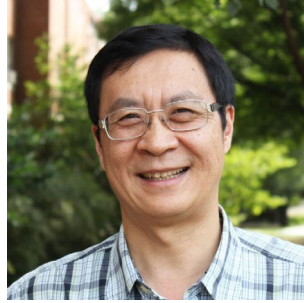
bit.ly/3K1enRs

**Questions or Concerns?
Contact us via phone or email**

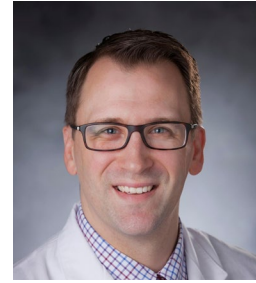
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Thank you!